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Daily Update: Friday, April 3, 2020

Number of COVID-19 cases in BC: 1121 New cases in BC: 55
Number of deaths in BC: 31 Number in recovery in BC: 641
Number of COVID -19 cases in the Interior Health Region: 121

We need 100% of us committed, 100% of the time to flatten the curve and prevent spreading!

The next two weeks are critical to how BC fares in the pandemic. We must stay home, physically distance and take every precaution to keep this out of our community. Thank you for your help and doing your part!

Important numbers for you to know.

Family Violence:

VictimLink BC (24-hour help line providing crisis support): 1-800-663-7867 or victimservices@gov.bc.ca

Warriors Against Violence Society (support groups addressing family violence): 1-604-255-3240 or <http://www.wavbc.com>

Kids Help Phone (Canada-wide, 24-hour): 1-800-668-6868

Secwepemc Child and Family Services: 250-310-1234

Kamloops Community YMCA/YWCA (Emergency Women's Shelter): 250-374-6162

Youth Against Violence (talk one-on-one about safety): 1-800-680-4264

Reporting Child Abuse (24-hrs): 1-800-663-9122

Mental and Physical Health:

Suicide Crisis: 1-800-SUICIDE (784-2433)

Mental Health Issues (24-Hrs): 310-6789

Child and Youth Special Needs (Kamloops): 1-250-371-3684

Jordan's Principle Call Centre: 1-855-JP-CHILD

Off-reserve support

Current clients who are on income or disability assistance can access emergency assistance by calling 1-866-866-0800 or on-line.

People who are non-clients can apply for assistance online at

<https://www.canada.ca/en/employment-social-development/corporate/notices/coronavirus.html>.

Support from Banks

The Bank of Montreal, CIBC, National Bank of Canada, RBC Bank, Scotiabank and TD Bank committed to work with personal and small business banking customers on a case-by-case basis to provide solutions to help them manage through challenges due to COVID-19. These include a six-month deferral for mortgages, relief opportunity, etc. Please contact your bank directly to discuss options available to you.

Status Cards

Applications for status cards can be accepted by mail and forms are available at <http://canada.ca/indian-status>. The mailing address is on the forms with instructions.

Be calm, respectful, safe and generous with one another.