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Daily Update: Thursday, August 6, 2020

Number of COVID-19 cases in BC: 3881

New cases in BC: 47

Number of deaths in BC: 195

Number who have recovered in BC: 3315

Number of COVID-19 cases in Interior Health Region: 385

Active Cases: 371 Currently hospitalized in BC: 11

Currently admitted to Intensive Care Unit: 5

FNHA Update

Check out the FNHA APP for the latest information about COVID-19, health benefits and more. See the attached poster.

Check out the updated COVID-19 guide at

<https://www.fnha.ca/Documents/FNHA-A-Guide-To-COVID-19.pdf>

Free First Nation Virtual Doctor of the Day program is available every day from 8:30 am – 4:30 pm including statutory holidays and weekends. To learn more call FNHA or check out the website at <https://www.fnha.ca/what-we-do/ehealth/virtual-doctor-of-the-day>

Update from Dr Henry on August 6

1518 people are required to isolate due to the actions of a few dozen people that attended parties and did not physically distance. The best way to make sure we don't have to lock down again is to physically distance.

**Do not hold large parties. Do not attend large parties/gatherings. Keep numbers small! Stay outside!
Wear a mask!**

Let's renew our efforts to fight COVID-19!

Washing your hands saves lives!

Wearing a mask saves lives!

Coughing into your elbow saves lives!

Staying home when you are ill saves lives!

Be calm, respectful, safe and generous with one another.