



330 Main Drive  
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**Daily Update: Tuesday, July 21, 2020**

**Number of COVID-19 cases in BC: 3300**

**New cases in BC: 102 (Friday to Monday)**

**Number of deaths in BC: 189**

**Number who have recovered in BC: 2858**

**Number of COVID-19 cases in Interior Health Region: 280**

**Active Cases: 253**

**Currently hospitalized in BC: 16**

**Currently admitted to Intensive Care Unit: 4**

**Update From Dr Henry on July 20**

**There are over 60 cases of COVID-19 related to the exposure in and around Kelowna.**

**There have been cases related to flights into Vancouver and Victoria. Please check the BC CDC website if you have flown recently for a list of affected flights.**

**Most affected people continue to be around 50 years old.**

**We expect to see more people in their 20's affected as we open up our circles.**

**In March, people had about 11 contacts. We have increased our bubbles and people have more contacts. We are seeing transmission occur at parties, in bars, in small gatherings, at family events, etc. We must continue to physically distance even in small groups.**

**We are seeing an upward bend in our curve.**

**If we are not careful, we will see explosive growth in BC. We want to keep the number of people we transmit COVID-19 to near 1. We are seeing a rise in this number. This means that people are transmitting the virus to more than one other person. If the number goes above 1, we will see an explosive rise in cases. If we keep the number to 1 or under, we can stop the virus.**

**Many people have experienced worsening mental health as a result of COVID-19. Please reach out for support.**

**Many people are experiencing greater economic challenges such as job loss due to COVID-19. Please reach out for support.**



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**Young people are experiencing greater impacts than other age groups.**

**We can stay safe and play safe this summer!  
Fewer faces, bigger spaces!**

**The more people you see, the more likely it is someone will have COVID-19 and spread it to you and the people you are close to.**

**If you are going out, be considerate of the people working in those places as they follow WorksafeBC procedures.**

**Keep your group small! Ensure your groups are no larger than 6 people.**

**Stay away/stay home if you are not feeling well!**

**Help spread the message to socialize safely so we can keep COVID-19 low and slow!**

**Interior Health Updates on Testing Sites**

**Please see the attached information about the nearest test and assessment centres for COVID-19.**

**KUU-US Crisis Services**

**Please see the attached information about KUU-US Crisis services and support.**

**Are You In Need of Supplies?**

**Social Development can supply you with any of the following. Please call 250-373-2493 for your supply.**

**Sage Bundle**

**Toothbrush/Paste**

**Hand Sanitizer**

**Feminine Hygiene Products**

**Face Mask and Ear Saver**

**Soap and Deodorant**

**Shampoo and Conditioner**

**Be calm, respectful, safe and generous with one another.**