



330 Main Drive
Box 178, Savona,
B.C. V0K 2J0
Phone (250) 373 2493
Fax (250) 373 2494

Daily Update: Friday, June 5, 2020

Number of COVID-19 cases in BC: 2632

New cases in BC:5

Number of deaths in BC: 166

Number who have recovered in BC: 2265

Number of COVID-19 cases in Interior Health Region: 195

Active cases in BC: 201

Currently hospitalized in BC: 26

Currently admitted to Intensive Care Unit: 6

COVID-19 Phrases in Secwepemctsin

Check out the COVID-19 phrases developed by Sewepemc Elders and Knowledge Keepers.

Update Taken From Dr. Bonnie Henry on June 4 During COVID-19: Going Forward Presentation

People in their 60s, 70s, 80s are more likely to need hospitalization if they have COVID-19.

For those that require intensive care in hospital, most are 60 years and older. No one under 20 years old has required ICU care in BC.

No one under 40 has died from COVID-19 in BC.

Men are more likely than women to need hospitalization, ICU care or die from COVID-19.

Doing genome sequencing on COVID-19 has helped us confirm links and trace where the virus is coming from and how quickly it is changing. We are seeing viruses that reflect COVID-19 strains similar to:

- European-like & Eastern Canada**
- Iran-like**
- China-like**
- Washington State-like**

Three different strains of COVID-19 have come from a conference in Vancouver. Viruses that came from contact at the conference were more in common with virus sequencing in Germany, Italy and France. It is likely that



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several people that attended the conference were ill based on this contact tracing and sequencing.

In the interior we are seeing mostly European-like/Eastern Canada and Washington State-like strains.

Children are less likely to get infected to COVID-19. Opening school/programs will have a minimal effect as long as we are continuing to maintain safe distances, clean hands, and stay away if we are ill.

Approach moving forward is Minimize, Manage and Modify

Minimize the number of new cases by:

- **Physically distancing**
- **Staying home if sick**
- **Wearing a mask and gloves**
- **Washing hands often**
- **Not touching your face**

Manage by:

- **Using rapid contact tracing by Public Health**
- **Get people the help they need if they are ill**
- **Isolate when a case is identified**
- **Rapidly react to outbreaks and clusters**

Modify measures as needed by:

- **Make changes as COVID-19 changes in BC**
- **Looking at different ways of doing things**
- **Assess risks every day**

We pass COVID-19 on to the people we are closest to. Assess risks every day and follow rules.

REMEMBER:

Small numbers. Keep distance.

Stay home even if your symptoms are mild.

A copy of the presentation from Dr. Henry is available on BC CDC website at www.bccdc.ca

Be calm, respectful, safe and generous with one another.