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Daily Update: Tuesday, March 31, 2020

Number of COVID-19 cases in BC: 970

New cases in BC: 86

Number of deaths in BC: 19

Number in recovery in BC: 469

Number of COVID -19 cases in the Interior Health Region: 94 (see map for region)

We need 100% of us committed, 100% of the time to flatten the curve and prevent spreading!

We are working hard to find financial supports for community and band members.

To Contact Rural RCMP

1. In the event of an emergency call 911

2. Dial the *Tk'emlúps Rural Detachment at 250-314-1800. If this is after hours the call will be answered by machine and you will be prompted to dial 1 to go to dispatch (this is the option should you require non-emergency police assistance now)*

or you dial 2 to leave a message in the general mailbox. Keep in mind, leaving a message here isn't checked until the following business day.

Need a prescription filled?

Have your prescription sent to Ashcroft Pharmacy by Tuesday, March 31. An SIB employee will pick them up for deliver on April 1 or 2. SIB employees will not carry cash or make purchases.

What we are asking you to do:

Stay home and engage in Physical Distancing! Visit others by phone, Facebook, Facetime, etc.

Stay healthy by eating well, getting exercise and doing things that bring you joy.

Wash your hands often. Clean any surfaces you are touching.

Be calm, respectful, safe and generous with one another.